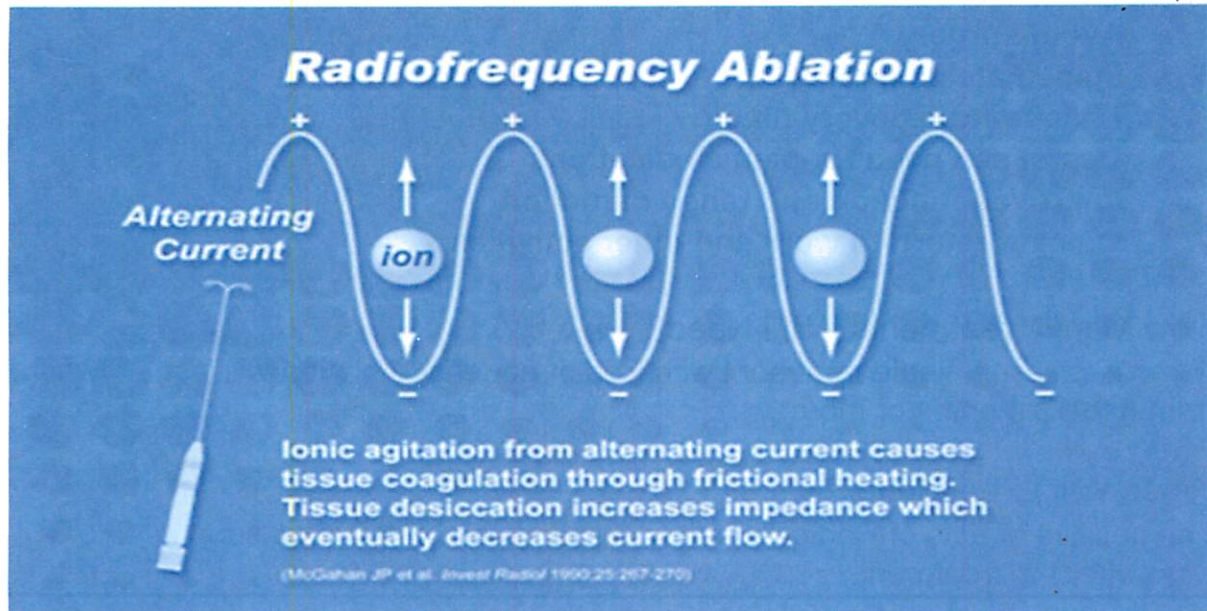


Radiofrequency Nerve Ablation (Rhizotomy/RFA)

If you suffer from neck pain, mid-back pain, low back pain, neuropathy, headaches or joint pain, this truly revolutionary treatment can help you.

RFA has been used to treat pain since the 1970's. The pain relief from RFA can be life changing. In many cases, patients are able to successfully avoid or prolong the need for surgery. The goal of the RFA procedure is to interrupt communication of pain to the brain.



Is Radiofrequency Ablation Right for Me?

Radiofrequency therapy is a targeted procedure of precision that works by using radiofrequency technology (mild electrical current) to prevent nerves from transmitting painful signals. This remarkable procedure has been proven to treat pain of all kinds, ranging from neck and back pain to cancer and neuropathic pain. The relief from pain and related symptoms may last a year or longer.

Because the procedure relies on fluoroscopy, a type of video X-ray that projects X-ray images onto monitors in the procedure room, we can extensively visualize structures under the skin without making a single incision. In fact, many surgeons will refer patients for RFA before considering surgery due to the fact that the results are comparable to surgical intervention while avoiding the potential complications of an open procedure.

The 90 second procedure can also be performed on several areas at the same time or within just a few days of each other. As it pertains to the neck and back, RFA can be done at 2 or more spinal levels in one appointment.

The advantages of the RFA are rooted in the premise that your physician can treat a painful area of the body and render it painless without a single incision. The overall benefits of RFA include:

- **Avoid surgery**
- **Immediate pain relief**
- **Little to no recovery time**
- **Decreased need for pain medications**
- **Improved function and range of motion**
- **Quicker return to work and other activities**

How Many Treatments Will I Need?

In most cases, a single treatment with Radiofrequency Ablation will last anywhere from 8 to 12 months or more.

When Will I Feel Better?

The positive effects of Radiofrequency Ablation can be felt in as soon as 2 to 3 days after the treatment.
